

# MORRIS COUNTY PARK COMMISSION



## FRANTIC FUN RUN 2011

**TUESDAY, JUNE 28, 7 PM**

**FOSTERFIELDS LIVING HISTORICAL FARM**  
**73 Kahdena Road, Morristown, NJ 07960**

Race through history on a cross-country style trail, blazing through the heart of Fosterfields Living Historical Farm. The 5K event is open to all skill levels. Beyond a beautiful backdrop and a rare chance to run through the historic farm, participants enjoy moisture wicking t-shirts, awards, raffle prizes, music, and refreshments.

**\$20 - Preregistered 5K runners (by 5pm on 6/26)**

**\$25 - Race day registration**

### SCHEDULE

5 - 6:45pm Registration and packet pick up  
7pm 5K start  
7:45pm Awards and post race party

### REGISTRATION

Online at [RaceForum.com/frantic](http://RaceForum.com/frantic) OR  
Registration and checks can be mailed and made out to:

Morris County Park Commission  
Attn: Frantic Fun Run  
P.O. Box 1295  
Morristown, NJ 07962-1295

[www.morrisparks.net](http://www.morrisparks.net)

**973.326.7616**

### AWARDS

Awards are given to the top three male and top three female finishers in each age group: 12 and under, 13-17, 18-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.

### AMENITIES

Custom moisture wicking t-shirts for pre-registered participants (day-of while supplies last), awards, raffle prizes, refreshments, and music.

### WAIVER AND RELEASE

I understand that my consent to these provisions is given in consideration of the acceptance of this registration and for being permitted to participate in this event. I am a voluntary participant in this event and in good physical condition. I hereby assume full and complete responsibility for any injury which may occur during my participation of this event or on the premise of this event and I hereby release and hold harmless Morris County Park Commission, County of Morris, race organizers, volunteers, officials and all other persons or entities associated with this event (including employees or affiliates) from any claims I may have arising out of or in any way connected with my participation in this event. I understand that this waiver includes any claims, whether cause by negligence, the action or inaction of any of the above parties or otherwise. I give my full permission to any and all of the above parties to use any photographs, motion pictures, website images or other recordings that are made of me during the course of the event.

Signature of Participant \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/Guardian (if under 18) \_\_\_\_\_