



CHRISTINA MESÌ

COACHING SPECIALTY/PHILOSOPHY

To encourage my students to find their love of ice skating through leadership, fun, and hard work. I want to help my skaters achieve their goals while encouraging them to be proud of what they do on and off the ice. I hope to pass on my passion for figure skating with each student I work with!

CONTACT

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MEMBERSHIPS

U.S. Figure Skating (USFS)
Learn to Skate USA (LTS USA)

NUMBER OF YEARS EXPERIENCE

Over 15 years coaching experience

SKATING/COMPETITIVE BACKGROUND

U.S Figure Skating Double Gold Medalist, Free Skate and Moves in the Field

Competitor for 15 years

North Atlantic Regionals Competitor 1998-2003
2000 Empire State Games Novice Ladies Champion
Intercollegiate Figure Skating Team: University of Delaware

Featured in the educational video: What is a Salchow Anyway? How to identify the jumps of figure skating with Lora Cusumano

EDUCATION BACKGROUND

University of Delaware Bachelors of Science in Nursing & Studied Figure Skating Sciences under the direction of Ronald Ludington

New York University, Masters in Nursing, Acute Care Nurse Practitioner