



## NIKKI TOYE-HELMER

### COACHING SPECIALTY/PHILOSOPHY

My coaching is based on a belief that skaters should lead a well-balanced life. While training, it is important to recognize the importance of an education and involvement in other activities. It is necessary to keep skating fun, challenging and interesting—I approach each athlete's career with the goal of maintaining a love and passion for the sport that they may carry with them for life.

I am best suited for developing competitive freestyle skaters as well as all levels of Test skaters in Moves in the Field and Freestyle

### CONTACT

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### MEMBERSHIPS

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U.S. Figure Skating (USFS)  
Professional Skaters Association (PSA)  
Learn to Skate USA (LTS USA)  
Ice Skating Industry (ISI)

### NUMBER OF YEARS EXPERIENCE

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Over 25 years coaching experience

### SKATING/COMPETITIVE BACKGROUND

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USFS Gold Medalist, Figures and Free Skate  
Canadian Gold Test Medalist  
12 years for competitive skating  
Exhibitions at Rockefeller Center  
Dinner Ice Theatre – 2 years

### STUDENTS ACHIEVEMENTS

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Gold Medalists in Moves in the Field and Free Skate  
Co-developed Juvenile National Competitors  
Co-developed Principal of Disney's Frozen on Ice  
Co-developed Collegiate National Medalist  
Numerous Collegiate Championship Competitors – schools represent include Princeton, Cornell, Colgate and Middlebury

### PROFESSIONAL ACCOMPLISHMENTS & CERTIFICATIONS

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Recipient of the Susan Kartiganer Sportsmanship Award  
Recipient of Robert D. Henry Sterling Character Award  
First Skating Club of Morris member to pass USFS Gold Figure and Free Skate Tests