



SKATER DEVELOPMENT PIPELINE

Learn-To-Skate group classes are for skaters age 3 through adult who are looking to learn how to ice skate. These classes are designed to teach the basic skating skills needed to confidently glide on the ice along with the skills necessary to progress into the sport of figure skating, hockey or speedskating. Learn to Skate classes teach the fundamentals of ice skating.

No prior ice-skating experience is necessary to join the Learn- To-Skate program.



PRE-SCHOOL & SNOWPLOW SAM CLASSES ARE DIVIDED INTO 3 PROGRESSIVE LEVELS, COMBINING SNOWPLOW SAM 3 & 4. THESE CLASSES ARE DESIGNED TO HELP CHILDREN BETWEEN THE AGES OF 3-6 YEARS OLD DEVELOP THE ABC'S OF MOVEMENT: AGILITY, BALANCE, COORDINATION AND SPEED.

BASIC SKILLS TEACHES THE FUNDAMENTALS OF ICE SKATING AND PROVIDES THE BEST FOUNDATION FOR ALL SKATING DISCIPLINES. AT MENNEN, FIVE PROGRESSIVE LEVELS INTRODUCE FORWARD AND BACKWARD SKATING, STOPS, EDGES, CROSSOVERS AND TURNS. SKATERS WILL BE ABLE TO CONFIDENTLY ADVANCE TO MORE SPECIALIZED LEVELS UPON COMPLETION OF THESE LEVELS.

THE HOCKEY CURRICULUM IS DESIGNED TO TEACH THE FUNDAMENTALS OF HOCKEY SKATING WITHOUT A STICK OR PUCK. SKATERS WILL LEARN THE BASIC HOCKEY STANCE, STRIDE, KNEE BEND AND OTHER NECESSARY SKILLS TO DEVELOP PROPER SKATING TECHNIQUES.

THE ADULT CURRICULUM IS DESIGNED FOR BOTH BEGINNING AND EXPERIENCED SKATERS WHO WISH TO IMPROVE THEIR SKATING SKILLS. AT MENNEN, CLASSES ARE DIVIDED INTO 3 SECTIONS – ADULT 1 FOR BEGINNERS/FIRST TIME SKATERS, ADULT 2 AND ADVANCED ADULT, COMBINING ADULT 3-6 CURRICULUM WHICH IS GROUP INSTRUCTION WITH AN ELEMENT OF INDIVIDUAL PRACTICE.

PREREQUISITE TO PARTICIPATE

PASSED BASIC 2

Snowplow Sam 1
Snowplow Sam 2
Snowplow Sam 3-4

Basic 1
Basic 2
Basic 3
Basic 4
Basic 5

Hockey 1
Hockey 2
Hockey 3-4

Adult 1
Adult 2
Advanced Adult (Adult 3-6)

Group Bridge Programming to Mennen Clubs & Organizational Teams

Figure Skating



ASPIRE CLASS

Must be passed Basic 4

Focuses on skating skills, jumps, spins from Basic 5 – Free Skate 6. Includes off-ice component as well as on-ice choreography and participation in the Annual Holiday Ice Show & Spring Show
Not yet passed Pre-Preliminary Skating Skills (Moves in the Field)

Hockey



POWERSKATING CLASS

Must be in or passed Hockey 3/4

Focuses on skating technique and getting the most power from your skating. If not yet passed Hockey ¾, approval from coach must be obtained before participation.

Speedskating



LEARN TO SPEED CLASS

Must be passed Basic 2

This is an introduction to Speed Skating. Mennen Sports Arena is one of seven programs in the country to be a US Speed Skating Learn to Speed pilot program. Beginner speed skates are provided on day of class. This program has both an on-ice and dryland component.

Mennen Sports Arena Clubs & Organizational Teams

Skating Club of Morris



NJ Colonial and MCYHL



Garden State Speedskating

